



# POEM OF THE WEEK

Words can say something  
How are you feeling  
Just talk and get it off your chest  
Try not too keep it inside  
Expression is the key  
Key to living life in ease  
So why worry the dark clouds will pass  
The moon and tide has so much to say  
What will happen when I sleep  
And just let it slip by  
Words say what they say  
The world turns from dark to light  
We are all learning something  
What will be come  
A better time for most or all  
A better time for all or most, take it one day at a time

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By Sam Green